

Kenelm Youth Trust Activity Risk Assessment – Balance Beam

The object of the challenge is to get the participants on the beam and to maintain it balanced for as long as possible.

Hazards	Who is affected	Likelihood	Severity	Risk Control Measure	Further Risk Control Measure / Actions	Residual Risk
Entrapment of foot between balance beam and tyre	Participants, Staff, Visiting Teachers	Unlikely	Harmful	Safety briefing and demonstration of see saw movement and pinch points by activity leader.	Full supervision of group.	Low
Impact injury due to being struck by moving beam	Participants, Staff, Visiting Teachers	Likely	Slight Harm	Safety briefing and demonstration of see saw movement and impact points. Briefing of how to mount and dismount the beam correctly from the pivot-point.	Full supervision of group.	Low
Minor injuries, cuts, grazes, splinters etc.	Participants, Staff, Visiting Teachers	Likely	Slight Harm	Activity Leaders are First Aid qualified and carry a first aid /splinter removal kit.	Pre-use check of the condition of the balance beam to identify and rectify any damage/splinter points.	Low
Slips on the beam	Participants, Staff, Visiting Teachers	Likely	Slight Harm	Safety briefing and demonstration of see saw movement.	Anti Slip tread plates fitted to the beam.	Low



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Climatic Injury	Participants, Staff, Visiting Teachers	Likely	Harmful	Participants briefed to dress appropriately for the weather conditions.	Activity Leaders can halt the activity if weather too hot to continue. Move group to warm or shade. Water to be on hand.	Low
Trips/Falls from balance beam	Participants, Staff, Visiting Teachers	Highly Likely	Harmful	Safety briefing to cover correct and safest method of stepping onto the beam at the pivot-point and traversing by using each other as support.	Pre-use check of the beam. Ground and weather conditions to be monitored to avoid slipping.	Low
Beam structure Integrity	Participants, Staff, Visiting Teachers, Inspector	Likely	Harmful	Regular inspections by Activities Manager.		Low
Snow/Ice Frozen beam	Participants, Staff, Visiting Teachers	Highly Likely in Winter months	Harmful	Activity not to be used in icy conditions/dynamic risk assessment of conditions.		Low
Lightning Strike	Participants, Staff, Visiting Teachers	Highly Unlikely	Harmful/Fatal	Use "flash to bang principle" https://www.rosipa.com/leisure-safety/advice/lightning.aspx	Balance Beam not to be used during lightning storm.	High





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- 1 signed off activity leader to 16 participants.

Risk assessment conducted by:	Signature:	Date:	Approved by:	Signature:	Next scheduled review date:
Richard Moore		Apr 2024	Sandra Satchell		April 2025



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