|  |  |  |
| --- | --- | --- |
| **Day One****4.00pm: Arrivals**Intro to theme & songIcebreakerGamesRoom Allocation**4:30pm: Staff Meeting**ExpectationsNeed to knowFire procedure**5:00pm: Regroup**Opening PrayerHouse RulesSplit into Small Groups**5:30pm: Small Groups**A time to get to know each other, break the ice and complete set tasks!**6:30pm: Dinner****7:30pm: Team Building**Themed team building activities will allow the small groups to grow together, bond, and explore the house.**8:10pm: Break****8:30pm: Input 1**An introductory look into the theme of our retreat with small group discussion and testimony.**9:30pm: Send off**Round up of days activities and timings for lights out, expectations and morning plans.**9:40pm: Night prayer**Based on theme.Aims to open the hearts of young people to embrace the retreat journey.**10:00pm: Bedtime** | **Day Two****Typical 3 Day Soli Retreat****7.45am: Team Morning Prayer**All are invited to come**8.30am: Breakfast**Bags downReady For the day**9.30am: Morning Prayer**Often LectioA look into the Gospel message and what it means to us as individuals, and how we can act upon it.**9.30am: Input 2**Looking deeper into the theme we look into ourselves and assess who we are, and where we are in our relationship with God, Small Groups.**11:00am: Activity Slot**Let young people choose their own adventure or choose one or two of many indoor and outdoor activities we offer in Alton.**12.30pm: Lunch****1.30pm: Emmaus Walk**Discover the beauty Alton has to offer with guided meditation and an Emmaus style **3:30pm: Break****4:30pm: House of Prayer**A quiet time in the house where the young people can be creative, find new ways to pray, meditate, and receive prayer ministry**5.30pm: Dinner****7:00pm: Music Practice**In preparation for MassLearn some new songs to bring back to School**7.30pm: Break****8.00pm: Battle Rounds**Compete in groups for points and test your mental physical and singing abilities**9.00pm: Intro to Adoration**Input round up of days activities and timings for lights out, expectations and morning plans**9.15pm: Adoration**Praise & Worship**9:45pm: Bedtime** | **Day Three****7.45am: Team Morning Prayer**All are invited to come**8.30am: Breakfast**Bags downRooms tidied & EmptiedReady For the day**9.00am: Morning Prayer**A round up of our theme, going out after a mountain-top experience, and what next?**9.30am: Mass Prep****10:15: Mass****11.15pm: Input 3**‘Building Blocks’, with team testimony, affirmation prep and Small Group affirmations**12.30pm Lunch****1.30pm Final Liturgy****2.00pm Goodbyes** |