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| **Day One**  **4.00pm: Arrivals**  Intro to theme & song  IcebreakerGames  Room Allocation  **4:30pm: Staff Meeting**  Expectations  Need to know  Fire procedure  **5:00pm: Regroup**  Opening Prayer  House Rules  Split into Small Groups  **5:30pm: Small Groups**  A time to get to know each other, break the ice and complete set tasks!  **6:30pm: Dinner**  **7:30pm: Team Building**  Themed team building activities will allow the small groups to grow together, bond, and explore the house.  **8:10pm: Break**  **8:30pm: Input 1**  An introductory look into the theme of our retreat with small group discussion and testimony.  **9:30pm: Send off**  Round up of days activities and timings for lights out, expectations and morning plans.  **9:40pm: Night prayer**  Based on theme.  Aims to open the hearts of young people to embrace the retreat journey.  **10:00pm: Bedtime** | **Day Two**  **Typical 3 Day Soli Retreat**  **7.45am: Team Morning Prayer**  All are invited to come  **8.30am: Breakfast**  Bags down  Ready For the day  **9.30am: Morning Prayer**  Often Lectio  A look into the Gospel message and what it means to us as individuals, and how we can act upon it.  **9.30am: Input 2**  Looking deeper into the theme we look into ourselves and assess who we are, and where we are in our relationship with God, Small Groups.  **11:00am: Activity Slot**  Let young people choose their own adventure or choose one or two of many indoor and outdoor activities we offer in Alton.  **12.30pm: Lunch**  **1.30pm: Emmaus Walk**  Discover the beauty Alton has to offer with guided meditation and an Emmaus style  **3:30pm: Break**  **4:30pm: House of Prayer**  A quiet time in the house where the young people can be creative, find new ways to pray, meditate, and receive prayer ministry  **5.30pm: Dinner**  **7:00pm: Music Practice**  In preparation for Mass  Learn some new songs to bring back to School  **7.30pm: Break**  **8.00pm: Battle Rounds**  Compete in groups for points and test your mental physical and singing abilities  **9.00pm: Intro to Adoration** Input round up of days activities and timings for lights out, expectations and morning plans  **9.15pm: Adoration**  Praise & Worship  **9:45pm: Bedtime** | **Day Three**  **7.45am: Team Morning Prayer**  All are invited to come  **8.30am: Breakfast**  Bags down  Rooms tidied & Emptied  Ready For the day  **9.00am: Morning Prayer**  A round up of our theme, going out after a mountain-top experience, and what next?  **9.30am: Mass Prep**  **10:15: Mass**  **11.15pm: Input 3**  ‘Building Blocks’, with team testimony, affirmation prep and Small Group affirmations  **12.30pm Lunch**  **1.30pm Final Liturgy** **2.00pm Goodbyes** |