

Lourdes Prep Retreat

"I am the Immaculate Conception"

Saturday

Sunday

8.00—Optional Morning Prayer with team:
The Glorious Mysteries

BAGS DOWN, BEDS STRIPPED

Friday

8.30 - Breakfast

9:00 - Parish Mass

9.30—Morning Prayer in smaller groups
(Lectio Divina-based on this years theme)

10:00 Breakfast

10.00— Magnificat - "There's something about Mary"

10:30 Sponsored walk departure

1100— Break

12.00 Packed Lunch

11:30-12:30—The Significance of the Rosary

2.00 Arrive back from walk

2:30 Departures

12:30— LUNCH

5.30pm: Arrivals
Room Allocation

1.30— Rosary walk

2:00- Hitting the Mark— Archery

3-4: Shower Hour/ Free time

4-6: Stories of Lourdes
(Through games, testimony and teaching we will look at the key elements of a pilgrimage to Lourdes such as Processions, baths, Eucharistic Adoration)

Key:

- Prayers/Sacraments
- Inputs
- Activities

6.00pm: Dinner

6.30pm: Dinner

7:00 Introduction's, Safety ice breakers
small group

7.30-8.30pm: *Miraculous Lourdes*
(Healing both physical and spiritual are a big part of the story of Lourdes. What does this mean for us?)

8:15 Why Lourdes? Story of St Bernadette

8.30-9:00 pm— Praise Party

9:00 Night Prayer

9.00-9.30pm: Night prayer

9:30 Social Time (Optional)

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