



# RECONNECT: YOUTH GROUP SESSION: HANDS, FEET, EARS + EYES

## ICEBREAKER: TEAM CHARADES

For this icebreaker you will need teams (ideally the same teams that you will use for the next activity) with one team member guessing. The person guessing, from each team, comes out to the front of the group then faces their group. The group are going to 'act out' the following clues, with no talking, and the person at the front has to guess what they are depicting. You can write your clues on a flip chart pad, and flip them over each time, you could put them on a simple presentation and project them directly behind the person guessing, or you could have somebody whisper the answers. Tell your group that all the answers are job titles...

- Footballer
- Priest
- Firefighter

- Musician
- Supermarket worker
- Astronaut

- Doctor
- Chef
- Delivery driver
- Youtuber

GATHER

## SCRIPTURE: 1 COR 12:12-20

"For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body."

1 Corinthians 12:12-20

### Quick Questions

St Paul wrote this letter to the a Christian community that had begun in Corinth in Greece.

- What does he mean when he tells them that they are like a body, with different parts (or 'members')?
- Why do you think that they needed to hear this?

PROCLAIM



## ACTIVITY: BLINDFOLD BUILD

This team-building exercise requires teams of roughly 4 or 5 young people. Each team has one 1 x 'Architect', 1x 'Overseer' and the rest are 'Builders'. (No actual blindfolds are required!)

The idea is that you junk model something (let's say, a model of a pirate ship) and each team gets a 'kit' with exactly the same tools and materials that you used (e.g. a milk bottle, a x coke bottle, coke cans, a carrier bag bin liner, a length of string, sellotape, elastic bands, a pair of scissors and a cardboard box).



**BREAK**

Keep your original junk model out of sight. Only the Architect is allowed to see the model: Invite the Architects from each team to leave the room and look at your model. Give them a couple of minutes to examine it before you hide it again! Then invite the Overseers to come outside as well. They have 1 minute to talk to their Architect about the object. Lastly, the Overseers go back to the Builders. They can only answer yes or no questions. The Builders have to build an exact replica of the original object by asking the Overseer the right questions!

The teams should have an interesting (and frustrating!) time, trying to realise an object that they haven't seen, and cannot properly be explained to them.

After the team have built their models, bring the Observers back in. If you have permission, capture the looks on their faces when they see what their teammates have built! You can show the group your original junk model and decide which team are the winners before using the following discussion questions:



## Discussion questions

- Which job was most important? Architect, Overseer or Builder?
- Which job was hardest? What made it difficult?
- Are there situations like this in real life i.e. where somebody has a vision in their head, and needs help turning it in to a reality?

## PRAYER: THE BODY OF CHRIST

Each person needs a piece of A4 paper and a felt tip. Invite the young people to draw around their hands or their feet. Make sure you have a mixture of both! Let his activity be noisy, and then settle everyone for prayer, once shoes are back on and people are finished!

Read the passage from 1 Corinthians 12 again, then put on some gentle/prayerful music in the background as you ask the following questions:

- All of us in the Body of Christ (the Church is the Body of Christ!) and made a bit differently! We have different strengths. What God-given qualities do you bring to this group, here today? Perhaps you are: friendly, creative, fun or have lots of good ideas. Perhaps you are somebody who is able to share his or her faith with others. Write down any words that come to mind.
- We are all part of the Body of Christ, even though we have different roles, and different things that we are good at. Sometimes we look at somebody else and think that we are not good enough, because we aren't doing the same job as them! What are the thing that make you feel like that?
- We have said that we each have different qualities and strengths. Like the parts of the body, these help us to do different jobs or tasks. What tasks is God calling you to? Perhaps it is to be the best student you can be at school. Perhaps it is to look out for somebody at school who is isolated. Perhaps you feel that God is calling you to a certain kind of work in your life. Where do you see God leading you?

After the group has had some time say, "We're going to entrust everything that we have thought and prayed about, even if you didn't write anything down to God as we say together, 'Our Father...'"

SEND