

Kenelm Youth Trust Activity Risk Assessment – Trekking

Hazards	Who is affected	Likelihood	Severity	Risk Control Measure	Further Risk Control Measure / Actions	Residual Risk
General Weather	Visiting Children, Team Leaders, Teachers and Staff	Likely	Slight Harm	Activity Leader to check weather forecast prior to each trek. KYT to hold a stock of spare clothing and equipment. Activity Leader are to prevent inappropriately dressed individuals from trekking. Activity Leader to have suitable adverse weather plans in place – i.e. sheltered routes, shorter routes, etc. Activity Leader will carry a mobile phone. Activity Leader must be current Outdoor First Aid holders to lead a trekking activity. The Toot Hill trek should not be used in very windy icy conditions.	Activity Leader to plan ahead. Contingency routes available	Low
Cold and Wet Conditions	Visiting Children, Team Leaders, Teachers and Staff	Likely	Slight Harm	Activity Leader to check participants' clothing and equipment prior to departure, ensuring participants have suitable warm and waterproof clothing for the conditions.	Activity Leader to ensure all participants are suitable clothed	Low



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Over Heating	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader must ensure adequate water is available and used during shaded breaks. Activity Leader must ensure a reasonable pace is set in relation to the age and ability of the group and the weather.	Activity Leader to ensure the group drinks water regularly or as required	Low
Sunburn	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	When applicable, Activity Leader to monitor the participants, paying particular attention to sunscreen and suitable clothing (school staff to apply suncream, not staff)	Activity Leader to ensure sunscreen is available	Low
Lighting	Visiting Children, Team Leaders, Teachers and Staff	Highly Likely	Fatal	Activity Leader not to take participants out in a lightning storm. If caught out in a lightning storm, then Activity Leader must take the participants to the safest place to shelter during the storm.	Activity Leader to check forecast prior to activity	Low
Terrain, falling on steep, wet or slippery ground	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader to brief participants on where to safely walk. Effective 'spotting' where necessary. Activity Leaders are all Outdoor First Aid trained and carry a First Aid kit.	Activity Leader to provide safety briefing & stand in the position of maximum usefulness on steep ground.	Low



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Being hit by a rock/deadfall from trees	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Harmful	Activity Leader will not conduct any activities in areas prone to major rock falls. Activity Leader to brief the participants on action to take if accidentally kicking a loose rock (i.e. shout 'below') and action to take if you hear 'below' being shouted. Activity Leaders are First Aid trained and carry a First Aid kit.	Activity Leader to provide safety briefing.	Low
Falling into rivers/drowning	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Very Harmful/fatal	Activity Leader to brief the group to take extra care whilst at water margins. Foot bridges to be used without exception.	Activity Leader to provide safety briefing.	Low
Collapsing dry stone walls	Visiting Children, Team Leaders, Teachers and Staff & Public	Unlikely	Harmful	Activity Leader to brief the participants about the dangers of leaning on dry stone walls. Activity Leader will ensure that a dry-stone wall is safe before the group conduct any activity near it. Activity Leaders are First Aid trained and carry a First Aid kit.	Activity Leader to provide safety briefing.	Low
Slipping from or falling off stiles being cut by barbed wire	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader to brief the participants about the dangers of crossing a stile. Activity Leader to monitor and if necessary, 'spot' participants when crossing stile. Activity Leaders are First Aid trained and carry a First Aid kit.	Activity Leader to provide safety briefing.	Low



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Being hit by vehicles whilst crossing or walking along roads	Visiting Children, Team Leaders, Teachers and Staff & Public	Unlikely	Very Harmful/Fatal	Activity Leader will ensure that participants avoid roads except when absolutely necessary. Activity Leader to stay clear of blind bends if walking along or crossing roads. Activity Leader must ensure that participants walk in single file on roads. Activity Leader to supervise all road crossings.	Activity Leader to ensure visiting school staff know how to support managed road crossings.	Low
Participants						
Low levels of fitness	Visiting Children, Team Leaders, Teachers and Staff	Likely	Slight Harm	Activities are based upon a low level of fitness. Activity Leaders are to monitor the group and individuals throughout the trek.		Low
Getting lost (individual and group) or participant being separated from the group	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Slight Harm	Activity Leader to brief participants about the correct procedures in the event of individuals or group becoming lost. Activity Leaders to utilise the accompanying teacher to supervise the group (at the rear), whilst actively monitoring the group.	Leader to provide safety briefing.	Low
Domestic and wild animals	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Harmful	Activity Leaders are to brief the participants to avoid petting or aggravating any domestic or wild animals that they might come across. Hand washing on return.	Leader to provide safety briefing.	Low



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Asthma Attacks/other medical conditions		Likely	Harmful	All medical information will be declared in advance. Teachers advised of suitability of activity.	Activity Leader to ensure all medicines/inhalers are taken on the activity.	Low
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Risk assessment conducted by:	Signature:	Date:	Approved by:	Signature:	Next scheduled review date:
Richard Moore		April 2023	Sandra Satchell		April 2024



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