



**Kenelm Youth Trust**

Alton Castle & Soli Retreat Centres

Alton

Staffordshire ST10 4TT

T: 01538 703224 F: 01538 703613

W: [www.kenelmyouthtrust.org.uk](http://www.kenelmyouthtrust.org.uk)

**Alton Castle Activity Risk Assessment - Trekking**

Hazards	Who is affected	Likelihood	Severity	Risk Control Measure	Comment Actions	Residual risk
<b>Weather</b>						
<b>General</b>	Visiting Children, Team Leaders, Teachers and Staff	n/a	n/a	<p>Activity Leader to check weather forecast prior to each Trek, local weather forecasts are published on the staffroom notice board.</p> <p>Alton Castle to hold a stock of spare clothing and equipment.</p> <p>Activity Leader are to prevent inappropriately dressed individuals from trekking</p> <p>Activity Leader to have suitable adverse weather plans in place – i.e. sheltered routes, shorter routes, etc.</p> <p>Activity Leader will carry a mobile phone.</p> <p>Activity Leader must be current 1<sup>st</sup> Aid holders to lead a trekking activity</p> <p>The Toot hill trek should not be used in very windy or icy conditions.</p>	Activity Leader to plan ahead.	Low


<b>Cold and wet conditions</b>	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader to check participants clothing and equipment prior to departure, ensuring participants have adequate warm and waterproof clothing for the conditions.	Activity Leader to ensure.	Low
<b>Over heating</b>	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader must ensure adequate water is available, and used Activity Leader must ensure a reasonable pace is set in relation to the condition of the group and the weather	Activity Leader to ensure.	Low
<b>Sunburn</b>	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	When applicable, Activity Leader to monitor the participants, paying particular attention to sunscreen and suitable clothing		Low
<b>Lightning</b>	Visiting Children, Team Leaders, Teachers and Staff	Highly Unlikely	Fatal	Activity Leader are not to take participants out in a lightning storm If caught out in a lightning storm, then the Activity Leader must take the participants to where it is safe to be during a storm.		Low

<b>Terrain</b>						
<b>Falling on steep, wet or slippery ground</b>	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader to brief participants on correct foot placement. Effective spotting where necessary. Specific hazards (i.e. cliffs mine shafts, quarries and scrambles) are notified to all Activity Leader, where known. Activity Leaders are First Aid trained and carry a First Aid kit	Leader to provide safety briefing & stand in the position of maximum usefulness on steep ground.	Low
<b>Being hit by a rock / dead fall from trees</b>	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Harmful	Activity Leader will not conduct any activities in areas prone to major rock falls Activity Leader to brief the participants on action to take if accidentally kicking a loose rock (i.e. shout 'below') and action to take if you hear 'below' being shouted. Activity Leaders are First Aid trained and carry a First Aid kit	Leader to provide safety briefing.	Low
<b>Falling into rivers</b>	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Very Harmful/ Fatal	Activity Leader to brief the group to take extra care whilst at water margins. Foot bridges to be used without exception.	Leader to provide safety briefing.	Low
<b>Collapsing dry stone walls</b>	Visiting Children, Team Leaders, Teachers and	Likely	Very Harmful	Activity Leader to brief the participants about the dangers of leaning on dry stone walls Activity Leader will ensure that a dry-stone wall is safe before the	Leader to provide safety briefing.	Low

	Staff Public			group conduct any activity near it. Activity Leaders are First Aid trained and carry a First Aid kit		
<b>Slipping from or falling off stiles being cut by barbed wire.</b>	Visiting Children, Team Leaders, Teachers and Staff	Likely	Harmful	Activity Leader to brief the participants about the dangers of crossing a stile Activity Leader to monitor and if necessary spot the participants when crossing stile. Activity Leaders are First Aid trained and carry a First Aid kit	Leader to provide safety briefing.	Low
<b>Being hit by vehicles whilst crossing or walking along roads</b>	Visiting Children, Team Leaders, Teachers and Staff Public	Likely	Very Harmful/ Fatal	Activity Leader will ensure that participants avoid roads except when absolutely necessary Activity Leader to stay clear of blind bends if walking along or crossing roads. Activity Leader must ensure that participants walk in single file on roads Activity Leader to supervise all road crossings	Leader to ensure	Low
<b>Participants</b>						
<b>Low levels of fitness</b>	Visiting Children, Teachers and Staff	Likely	Slight Harm	Activities are based upon a low level of fitness Activity Leaders are to monitor the group and individuals throughout the trek		Low
<b>Getting lost (individual and group) or participant being</b>	Visiting Children, Teachers and Staff	Unlikely	Slight Harm	Activity Leader to brief participants about the correct procedures in the event of individuals or group becoming	Leader to provide safety briefing.	Low

<b>separated from the group</b>				lost. Activity Leaders to utilise the accompanying teacher to supervise the group (at the rear), whilst actively monitoring the group		
<b>Domestic and wild animals</b>	Visiting Children, Team Leaders, Teachers and Staff	Unlikely	Harmful	Activity Leaders are to brief the participants to avoid petting or aggravating any domestic or wild animals that they might come across. Hand washing on return.	Leader to provide safety briefing.	Low
<b>Asthma Attacks/other medical conditions</b>		Likely	Harmful	All medical information will be declared in advance. Teachers advised of suitability of activity. All current medicines and inhalers to be taken on the activity.	Leader to provide safety briefing.	Low

The Minimum National Governing Body Qualification to lead this activity is: M.L.T.B. Lowland Leader Award or staff have had their competence confirmed by an appropriately qualified and experienced technical adviser.

Risk assessment Conducted By	Reviewed By	Date	Next scheduled review	Signed	Signed Off By
Dom Salter MLTB Mountain Leader	Dom Salter	17 <sup>th</sup> May 2018	May 2019		<i>Dom Salter</i>