# COME, HOLY SPIRIT

'But you will receive power when the Holy Spirit comes on you; and you will be my witnesses'

- Acts 1:8

## GATHER

#### lcebreaker -

Each member of the group is given a red balloon and a marker pen. They each write a gift of the Holy Spirit they think they possess onto the balloon. Once everyone has completed this then each person blows up their balloon and holds the end without tying it. On cue, all of the balloons are released and fly around the room. Reflect upon how this could be like the movement of the Holy Spirit; we cannot contain it or predict it and each person has a different path to take with the gifts they have

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### PROCLAIM

#### The Holy Spirit Comes at Pentecost - Acts 2:1-4

'When the day of Pentecost came, they were all together in one place.2 Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. 3 They saw what seemed to be tongues of fire that separated and came to rest on each of them. 4 All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.' Discuss the thoughts and feelings of the Disciples, and share what your feelings would be if it happened to you right now. Being filled with the spirit can often lead to us discovering new and spontaneous gifts that we thought we would never be capable of.

### BREAK

#### Watch - Busted Halo: Pentecost in 2 minutes - https://youtu.be/J5tr4pqWlo4

Create - Create a completely unplanned piece of community art. Using a long piece of wall paper, encourage the young people to fill the paper with art about the Holy Spirit, and/or Pentecost. Pass out a variety of materials: markers, crayons, acrylic paint, watercolours, ink pads and stamps, finger paint, and so on.

Lay out a large sheet of paper or piece of canvas and challenge the group to work together to create a mural depicting the movement of God's Spirit at Pentecost without any pre-planning. Just jump in and do it! Work together or alone, as messy or as neat as you like.

You could try to play different styles of music as they work and encourage them to let the music influence their art. For added impact, do this without talking and then reflect on the experience of what was created without the need for planning and verbal communication. How is the final product different than it might have been if you'd started with a sketch or everyone had the same design in mind?

## SEND

Come Holy Spirit, come into my heart! Fill me utterly with Your joy, Your peace, Your divine power. Come and live in me! Make me beautiful within. Drive from my heart all evil thoughts, all unrest, all sadness and fear. May You O Holy Spirit, be my best friend and counsellor. Guide me, so that I never stray from God's ways. May you fill me with thoughts of peace. Comfort me when I am sad. Strengthen me when I am tempted. Warm me when my love threatens to grow cold. Make me shine with your love and be a sign for others of God's love. Veni Sancte Spiritus! Amen.

Use cut out flames (see below) for young people to write their own prayers to the Holy Spirit. What gifts of the Holy Spirit do they feel they need more of to serve others? What troubles in the world are in need of our prayers? Young people who feel comfortable to can share their prayers aloud.

Re-read Scripture Passage: Acts 2:1-4

Begin a litany to the Holy Spirit which the young people can join in or the leader can continue. Response: Come Spirit Come Spirit of Love - Come Spirit come Spirit of Power... Spirit of Courage... Spirit of Peace... Spirit of Joy... Etc.

