

WHO I AM

"But what about you?" he asked. "Who do you say I am?"

- John 15:16



GATHER

People bingo!

Give each person a handout sheet (see next page) and give them 5 minutes to go around the group and leaders and find someone for whom each square is true, and write their name on it. The first person to do it wins a point/prize etc. they can only write a persons name in twice, then they must find someone else.

Who am I?

Using sticky notes, the group each writes a famous character/figure on the note and hands it in. Then, each person takes a sticky note at random and without looking, puts it on their head. Then, through a series of yes or no questions they put to the whole group, they must work out who they are!

PROCLAIM

Often we are pulled in every different way, when we are trying to learn about who we are. Good influences, bad influences, the people and environment around us, can all have a hand in who we are. However, God creates us to be exactly the best version of ourselves - no one else. We are to be influenced by His word, His work, the saints, and all the good in the world. But that isnt always an easy thing in everyday life.

Discuss some ways in which we can be influenced badly - gangs, media, negative experiences, expectations etc

Discuss some ways in which we can be influenced positively - friends, youth group, famous positive people can be good influences etc

BREAK

Sharing sheet

Spend a good amount of time on this activity. Give each person a sheet (next page) that is split up into sections. In a calm atmosphere, give them space and lots of pens/pencils to draw, write or decorate however they wish, and lead them through the questions and give examples from your own life too as testimony and stories. Remind them the sheet is personal and theirs only, and they only have to put down what they are comfortable with. (see also lead sheet on following pages)

SEND

Start prayer by sharing from the faith box of the sharing sheet.

Give thanks for everything that makes us individual, and for the joy of faith that unites each of us. We thank God for who we are, and each blessing we receive that help us grow into the people God created us to be. We pray God may keep us strong in our conviction, and guide us in our path so that we do not stray from who we are created to be, and our individual calls to sainthood.

"But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light."

1 Peter 2:9



Someone who has been to Church in a different country	Someone who listens to praise & worship music	Someone who has alterserved
Someone who has a favourite piece of scripture (what is it)	Someone who has read from the Bible 'for fun'	Someone who has been on retreat to Soli
Someone who has been on retreat to Alton Castle	Someone who has read at mass	Someone who owns Rosary Beads
Someone who has made their confirmation	Someone who has only got into their faith at secondary school	Someone who has the same name as someone in the bible/is related to someone who does

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FAITH

WHAT DO I BELIEVE?
WHERE DOES MY FAITH COME FROM?
WHO DO I LOOK UP TO IN FAITH?
WHAT ARE MY JOYS IN FAITH?
WHAT DO I STRUGGLE WITH?



SCHOOL

WHO ARE MY FRIENDS?
DO I ENJOY SCHOOL?
MY FAVOURITE SUBJECTS
MY LEAST FAVOURITES
WHAT DO I WANT OUT OF SCHOOL?
WHAT DO I WANT TO DO AFTER?



LIKES AND DISLIKES

INDIVIDUAL TO ME
WHAT ARE THE THINGS THAT GIVE ME
PEACE - SUMMER, CAMPING, READING,
FAVE FOOD, FRIENDS, MUSIC ETC
WHAT ARE MY PET PEEVES? LOUD
EATERS, PREJUDICED PEOPLE, TV
PROGRAMMES THAT END ON CLIFF
HANGERS ETC



ME

WHO AM I
WHERE DO I COME FROM
WHO DO I CALL FAMILY
WHAT IS THE ORIGIN OF MY NAME
WHAT MAKES ME ME?
WHAT DO I ENJOY DOING
AM I AN INTROVERT, EXTROVERT ETC?

